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Research Article

Utility of Lymphoblastoid Cell Lines for Induced Pluripotent Stem Cell Generation

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A large number of EBV immortalized LCLs have been generated and maintained in genetic/epidemiological studies as a perpetual source of DNA and as a surrogate in vitro cell model. Recent successes in reprogramming LCLs into iPSCs have paved the way for generating more relevant in vitro disease models using this existing bioresource. However, the overall reprogramming efficiency and success rate remain poor and very little is known about the mechanistic changes that take place at the transcriptome and cellular functional level during LCL-to-iPSC reprogramming. Here, we report a new optimized LCL-to-iPSC reprogramming protocol using episomal plasmids encoding pluripotency transcription factors and mouse p53DD (p53 carboxy-terminal dominant-negative fragment) and commercially available reprogramming media. We achieved a consistently high reprogramming efficiency and 100% success rate using this optimized protocol. Further, we investigated the transcriptional changes in mRNA and miRNA levels, using FC-abs $\geq 2.0$ and FDR $\leq 0.05$ cutoffs; 5,228 mRNAs and 77 miRNAs were differentially expressed during LCL-to-iPSC reprogramming. The functional enrichment analysis of the upregulated genes and activation of human pluripotency pathways in the reprogrammed iPSCs showed that the generated iPSCs possess transcriptional and functional profiles very similar to those of human ESCs.

1. Introduction

Epstein-Barr virus (EBV) immortalized lymphoblastoid cell lines (LCLs) have been routinely used as surrogate in vitro cell models for various human primary tissues to study genetic influence on disease traits [1], drug response [2–5], and gene regulation [6, 7]. Large numbers of stored human LCLs have been collected in genetic/epidemiological studies as a perpetual source of DNA. For example, the NIMH Repository and Genomic Resource alone currently stores over 184,000 LCLs [8] for sharing with investigators of mental disorders. LCLs have clearly been a convenient and useful model in the absence of primary tissue accessibility and therefore widely banked to study a variety of human diseases, including complex genetic disorders. However, their ability to faithfully recapitulate the specific regulatory properties of the donor’s primary tissue has always been debated. A number of studies have characterized differences in gene regulatory phenotypes between LCLs and primary tissues [9–12]. An alternative to the LCL model is the stem cell based system, which carries the potential to model the tissue specific physiology through the use of differentiation protocols to generate specific cell/tissue types. The invention of the induced pluripotent stem cell (iPSC) technology allowed patient-specific, mature somatic cells to be converted into an unlimited supply of human pluripotent stem cells (hPSCs) [13, 14]. However, dermal fibroblasts isolated from skin biopsies by and large remain the material of choice for reprogramming experiments due to the low reprogramming efficiency of other cell types including LCLs. There exists a rich bioresource of numerous LCL repositories generated from wide array of patients, many of them with extensive genotypic and phenotypic data already generated; however, these remain severely underused for this purpose. Recent developments in the reprogramming protocol have made it possible to reprogram LCLs into iPSCs [15, 16] but, due to the heterogeneity of the starting material and
complexity of the optimization of various media components and reprogramming factors, the reprogramming efficiency and overall success rate remain poor. We have been able to optimize a very efficient reprogramming protocol using stored LCLs, episodes available from a public source, and commercially available media, achieving 100 percent success rate and high reprogramming efficiency (see Materials and Methods for details).

The molecular events leading to the maintenance of pluripotency in embryonic stem cells (ESCs) and reacquisition of a stem-like state in iPSCs during somatic reprogramming represent mechanistically distinct processes that converge on a set of remarkably similar transcriptional events that underpin the pluripotent state [17]. Both ESCs and iPSCs depend on fundamental transcriptional frameworks that are governed by a common set of “core” stem cell-specific transcription factors, namely; OCT4, SOX2, and NANOG [18]. These activators in turn collaborate with both ubiquitous and cell type-specific transcription factors to orchestrate complex gene expression programs that give stem cells the unique ability to safeguard stemness while remaining poised to execute a broad range of developmental programs that drive lineage specification [19–22].

Although some success in developing a more efficient LCL-to-iPSC reprogramming protocol has been achieved [23], little is known about the mechanistic changes that take place at the transcriptome and cellular functional level during reprogramming of LCLs into iPSCs.

In this study, we sequenced six LCLs and their reprogrammed iPSCs for miRNA (microRNA/miRNA) and transcriptome (mRNA). We analyzed these dynamic datasets, aiming at identifying the functional changes at the global gene expression levels during LCLs-to-iPSC reprogramming process. A differential gene expression analysis was performed between LCLs and generated iPSC in combination with functional annotations and Ingenuity® Pathway Analysis (IPA).

2. Materials and Methods

We have a rich resource of LCLs established using the peripheral blood mononuclear cells (PBMCs) collected from more than 1400 Mexican American participants of our San Antonio Family Heart Study (SAFHS). Whole genome sequence data and extensive phenotype data for common complex human diseases are available for most of these SAFHS participants. Our large, well characterized LCL resource provides a unique opportunity to generate pluripotent stem cells from any of these individuals in the context of their own particular genetic identity for disease modeling, particularly by differentiating specific cell/tissue type from generated iPSC to experimentally test the hypotheses developed by statistical genetics methods.

The six human lymphoblastoid cell lines used in this study were previously established in vitro from blood samples of our SAFHS Mexican American participants from whom appropriate written consent was obtained. The six LCLs were de-identified and labeled as LCL-1 through LCL-6. The donors of LCL-1 and LCL-3 were diagnosed with sporadic Parkinson’s disease. The donors of LCL-2, LCL-4, LCL-5, and LCL-6 were healthy. The donors of LCL-3 and LCL-4 were first-degree relatives whereas all other donors were unrelated. Institutional Review Board of the University of Texas Health Science Center at San Antonio (San Antonio, TX) approved all protocols used in this study.

2.1. Cell Culture. The six LCLs were thawed from the SAFHS cell line repository. The thawed cell lines were cultured in RPMI 1640 complete media (i.e., RPMI 1640 media containing 15% heat inactivated fetal bovine serum, 1% MEM nonessential amino acids, 1 mM sodium pyruvate, and 10 mM HEPES buffer, all from Life Technologies) at 37°C, 5% CO2, and atmospheric O2 for 1-2 passages to obtain the appropriate number of viable cells.

2.2. iPSC Reprogramming and Validation. On day 0, that is, 24 hours before nucleofection, LCL cultures were split into 1:2 ratios to keep LCLs in log growth phase. On day 1, about one million cells were nucleofected with 2.5μg equal amount mixture of episomal plasmids (pCE-hOCT3/4, pCE-hSK, pCE-hUL, and pCE-mp53DD) encoding reprogramming factors (i.e., OCT3/4, SOX2, KLF4, L-MYC, and LIN28) and mouse p53DD (p53 carboxy-terminal dominant-negative fragment) as described by Okita et al. [24]. The episomal plasmids were obtained from Addgene nonprofit plasmid repository and nucleofection was performed using SE Cell Line 4D-Nucleofector® X Kit and 4D-Nucleofector DN-100 program on a 4D-Nucleofector system (Lonza, http://www.lonza.com/). The nucleofected LCLs were allowed to recover for 8–12 hours in 3 mL of RPMI 1640 complete media in a CO2 incubator at 37°C, 5% CO2, and atmospheric O2, and then transferred equally (i.e., 0.5 mL of media containing ~1.67 × 105 cells) into a Matrigel® matrix (Corning Inc.) coated six-well plate containing 1 mL of TeSR™-E7 xeno-free reprogramming media (STEMCELL™ Technologies). On days 3 and 5, 0.5 mL of fresh TeSR™-E7 media was added to each well and, on days 7 and 9, 1 mL of media was replaced with fresh TeSR™-E7 media. All precautions were taken as to not discard cells during media exchange. By days 7–9, cells start to adhere to the well surface and changes in cellular morphology were observed (Figure 1(a)). On day 11, spent media were replaced with 2 mL of fresh TeSR™-E7 media. Between days 13 and 15, when iPSC-like colonies started to appear, the cultures were transitioned to mTeSR™-1 (STEMCELL Technologies) hPSC maintenance media (Figure 1(a)). Media were changed daily thereafter. On days 18–21, 10–15 colonies morphologically similar to human ESCs (Figure 1(b)) and expressing surface antigen TRA-1-81 (live staining with TRA-1-81 antibody) were manually picked for further cultivation and evaluation.

Using this newly developed protocol, we achieved a consistently high reprogramming efficiency compared with the previously published LCL-to-iPSC reprogramming protocols (~50–200 colonies/million nucleofected cells), which enabled us to downsize our reprogramming experiments to approximately a third of the original (i.e., reducing the number of cells nucleofected and culture wells from ~1 million cells
Stem Cells International

Day 0 1 3 and 5 7 and 9 11 13 and 14 15–21

- LCLs in log growth phase
- Without removing any media, add 500 μL of TeSR™-E7
- Replace spent media with fresh TeSR™-E7
- Change mTeSR™-1 daily

Nucleofect cells with episomes and plate on MG
Carefully remove 1.0 mL of spent media and add 1.0 mL of fresh TeSR™-E7
Remove 1.0 mL of spent TeSR™-E7 and add 1.0 mL of mTeSR™-1

Figure 1: Continued.

(a)

(b)

(c)
Figure 1: Continued.
and 6-well format to only ~0.3 million cells and 2-culture-well format), thereby reducing the reprogramming media and other culture costs considerably. This constitutes a significant step towards the use of this technology in modeling human disease at a population scale.

The reprogrammed iPSC lines were confirmed by immunocytochemistry (Figure 1(c)) and differential gene expression analysis of the pluripotency markers using RNA-seq data (Figure 1(d)). The genomic/plasmid DNA PCR analysis was performed to confirm that the reprogrammed iPSCs were free from episomal plasmids used in LCL-to-iPSC reprogramming (Figure 1(e)). The functional competence of reprogrammed iPSC lines to differentiate into the cells of all three germ layers was assessed through monolayer differentiation into cells of endoderm, ectoderm, and mesoderm (Figure 1(f)) using the hPSC Functional Identification Kit (R&D Systems) and provided protocol with minor modifications. To assess the genomic integrity of the reprogrammed iPSCs, karyotyping (Figure 1(g)) was performed using the method described by Howe et al. [25] with minor modifications.

2.3. Genomic/Episomal Plasmid DNA PCR. Total cellular and plasmid DNA from snap-frozen cell pellets (~5 × 10⁶ cells) of the six stable reprogrammed iPSC lines was isolated using the DNeasy Blood and Tissue kit (Qiagen) according to the manufacturer’s instructions. PCR to detect episomal plasmid DNA was performed for 30 cycles using primer pairs 5′-GGCGTAAATCAGTGCGTAAAGC-3′ and 5′-ACGACAGGTTTCCCGACT-3′ and Maxima Hot Start master mix (Thermo Scientific) following the manufacturer’s instructions. The PCR primers were designed to amplify a genomic region common in all episomal plasmids used in our LCL-to-iPSC reprogramming method but not complimentary to human genome. Purified plasmid DNA was used as positive control. A genomic DNA fragment from a human single copy gene (ALB) was also PCR amplified using primer pairs 5′-TGAAAACCTTCGGCTACTTCT-3′ and 5′-ATTGATGAAAGCCGTTG-3′ and following the same PCR conditions for normalization and as a positive control for cellular genome. The PCR products were analyzed using 1% agarose gel electrophoresis.

2.4. Total RNA Extraction. RNA was extracted from cell pellets (~5 × 10⁶ cells) snap-frozen from LCLs immediately before nucleofection with reprogramming factors and from their stable reprogrammed iPSC lines. Total RNA was extracted from aforesaid LCL and iPSC lines (six each) using TRIzol reagent (Life Technologies) and the manufacturer protocol with minor modifications. RNA quality and quantity were assessed using a NanoDrop 2000 Spectrophotometer (Thermo Scientific) and an Agilent 2100 Bioanalyzer (Agilent Technologies).

2.5. RNA Sequencing and Data Preprocessing

2.5.1. Small RNA Sequencing. The Illumina® TruSeq® Small RNA Sample Preparation Kit was used to prepare small RNA sequencing libraries from 1µg of total RNA. Briefly, the kit uses a modified RNA 3′ adaptor that specifically targets miRNA and other small RNAs that have a 3′ hydroxyl group. After ligation to each end, reverse transcription was performed to synthesize complementary single stranded cDNA. The cDNA library was then PCR amplified and gel purified for fragment size of 145–160 nucleotides containing miRNA and other regulatory small RNAs. The small RNA libraries from all the 12 samples (i.e., six LCLs and their reprogrammed
iPSCs) were then deep sequenced using the Illumina HiSeq 2500 platform to generate 13.8 million sequence reads.

2.5.2. mRNA Sequencing. The Illumina TruSeq RNA Sample Preparation Kit v2 was used to prepare cDNA sequencing libraries from 1 μg of total RNA. Briefly, poly-A tail containing mRNA molecules was enriched from total RNA using oligo-dT attached magnetic beads. The mRNA enriched samples were fragmented into smaller pieces (~200–600 base pairs) using divalent cations under elevated temperature. The cleaved RNA fragments were then used as a template to synthesize first-strand cDNA using reverse transcriptase and random primers, followed by second-strand cDNA synthesis, using DNA polymerase-I and RNase H. The synthesized cDNA fragments were end-repaired and adaptor ligations were performed. The products were purified and cDNA libraries enriched with PCR were deep sequenced on the Illumina HiSeq 2500 platform to generate 58.3 million paired-end sequence reads across the 12 samples.

2.5.3. Sequence Analysis. Raw fastq sequence files were generated and demultiplexed using the Illumina CASAVA v1.8 pipeline. After prealignment QCs, sequences were aligned to human genome build 19 (hg19) and mapped to UCSC transcripts using Strand NGS software v2.1 (Strand Genomics Inc.) with default settings. The small RNA reads were also mapped to small RNA annotations as implemented in Strand NGSeq software v2.1 (Strand Genomics Inc.) with default settings. The small RNA reads were then filtered based on read quality metrics (i.e., quality threshold ≥ 20; N’s allowed in read ≤ 1; mapping quality threshold ≥ 40; read length ≥ 20), so that only good alignments were retained and then quantification was performed. The expression values (read counts) were log transformed and “DESeq” normalization was applied. Only known mRNAs and miRNAs having the normalized read count (NRC) ≥ 20 in all samples of any one out of two cell types or in both (i.e., LCLs or iPSCs or both) were selected for differential expression analysis.

2.6. Differential Gene Expression Analysis. For both miRNA-seq and mRNA-seq datasets, we performed moderated t-statistics and expression fold change analysis using Strand NGS software. Based on the criteria fold change absolute (FC-abs) ≥ 2.0 and false discovery rate adjusted p value (FDR) ≤ 0.05, differentially expressed genes were identified between LCLs and iPSCs.

2.7. Functional Annotations and Pathway Analysis. To identify biological functions that were most significant to our dataset, functional annotation enrichment analysis of significantly DE mRNAs and miRNAs was performed using IPA. Right-tailed Fisher’s exact test p values corrected for FDR were used to calculate enrichment significance. The direction of functional change during LCL-to-iPSC reprogramming was assessed by activation Z-score as implemented in IPA. This allows the assessment of changes in respective cell type-specific key canonical pathways as a consequence of transcriptomic changes during LCL-to-iPSC reprogramming. The datasets comprising the normalized read count of the expressed genes (NRC ≥ 20) in LCLs and iPSCs and fold change values of significantly DE genes and miRNAs during iPSC reprogramming were analyzed in IPA and the predicted changes in the pathways were assessed by comparing the generated expressed and DE gene pathway visualization.

3. Results and Discussion

3.1. Human LCL-to-iPSC Reprogramming and Validation. Given the potential utility of the extensive LCL bioresource, we attempted reprogramming six LCLs from our SAFHS Mexican American participants into iPSCs using two previously published methods that demonstrated successful reprogramming of LCLs [15,16]. In the first set of reprogramming experiments, we followed the method published by Choi et al. [15] and successfully nucleofected (assessed by parallel control nucleofection of GFP plasmid) one million cells per cell line with a 10 μg mixture of EBNA1/OriP plasmid (i.e., 3.5 μg of EN2L, 2.5 μg of ET2K, and 4.0 μg of EM2K) obtained from Addgene plasmid repository, encoding the OCT4, SOX2, NANOG, LIN28, c-Myc, KLF4, and SV40LT reprogramming factors. The nucleofected cells were cultured using the media and culture conditions described in the publication but after repeating the experiments twice on six different cell lines we did not achieve any success with this protocol. In the second set of experiments, we followed the method described by Rajesh et al. [16] and nucleofected the same six LCLs with a 2 μg mixture of the different plasmid combination described in the publication. We achieved some success with OSNK, OSTK, and L-mL combinations. Only two out of six LCLs would be reprogrammed into iPSC using this method, but efficiency remained very poor (Table 1). Whilst working on these reprogramming experiments and trying different plasmid combinations, we have optimized an efficient LCL reprogramming protocol (see Figure 1(a) and the Materials and Methods for the detailed protocol), achieving 100% reprogramming success (our 29 reprogrammed iPSC lines) and very high reprogramming efficiency per nucleofection of one million cells (Table 1). We used equal amount mixture of episomal plasmids (pCE-hOCT3/4, pCE-hSK, pCE-hUL, and pCE-mp53DD) encoding reprogramming factors OCT3/4, SOX2, KLF4, L-MYC, LIN28, and mouse p53DD (p53 carboxy-terminal dominant-negative fragment). This combination constitutes two major changes from the previously published methods of Choi et al. [15] and Rajesh et al. [16]. The first change is the use of a mouse p53DD (p53 carboxy-terminal dominant-negative fragment) for TP53 suppression. TP53 is an important cell cycle regulator and it has been shown that its suppression enhances the iPSC reprogramming process both in fibroblasts [24] and in LCLs [23]. The second change we made is that we removed SV40LT from our reprogramming mix, which was used in all three previously published LCL-to-iPSC reprogramming methods by Choi et al. [15], Rajesh et al. [16], and Barrett et al. [23]. The expression of SV40LT was shown to be involved in suppression of iPSC induction [24]. Our optimized method achieves consistently higher LCL-to-iPSC reprogramming efficiency than the previously published methods. Furthermore, we used commercially
available reprogramming media; therefore, our method can be easily reproduced by different laboratories interested in LCL-to-iPSC reprogramming. All of our six iPSC lines used in this study and 23 others were reprogrammed using our optimized method. The reprogrammed iPSC lines formed flat and compacted colonies and showed high nucleus-to-cytoplasm ratios, the typical morphology of human ESCs (Figure 1(b)). The immunocytochemistry and differential gene expression analysis showed that all of our reprogrammed iPSC lines express pluripotency markers (Figures 1(c) and 1(d)). Among these, OCT4 is frequently used as a marker for pluripotency [16].

Table 1: iPSC induction efficiency from six LCL lines.

<table>
<thead>
<tr>
<th>Cell line</th>
<th>Cell number nucleofected</th>
<th>Reprogramming efficiency (%)/plasmid mixture and conditions</th>
<th>Our optimized protocol (see Materials and Methods)</th>
</tr>
</thead>
<tbody>
<tr>
<td>LCL-1</td>
<td>1 × 10⁶</td>
<td>EN2L + ET2K + EM2K after Choi et al. [15]</td>
<td>0.0003</td>
</tr>
<tr>
<td>LCL-2</td>
<td>1 × 10⁶</td>
<td>0.0</td>
<td>0.0204</td>
</tr>
<tr>
<td>LCL-3</td>
<td>1 × 10⁶</td>
<td>0.0001</td>
<td>0.0054</td>
</tr>
<tr>
<td>LCL-4</td>
<td>1 × 10⁶</td>
<td>0.0</td>
<td>0.0108</td>
</tr>
<tr>
<td>LCL-5</td>
<td>1 × 10⁶</td>
<td>0.0</td>
<td>0.0132</td>
</tr>
<tr>
<td>LCL-6</td>
<td>1 × 10⁶</td>
<td>0.0</td>
<td>0.0216</td>
</tr>
</tbody>
</table>

3.2. Differentially Expressed (DE) Genes. To investigate the mechanistic gene expression changes that occurred during LCL-to-iPSC reprogramming, we performed a parallel genome-wide miRNA and mRNA expression analysis in six LCLs and their reprogrammed iPSCs. A total of 5.5 and 8.3 million small RNA 40 bp single-end reads and 28.4 and 29.9 million mRNA 100 bp paired-end reads were obtained for LCLs and their reprogrammed iPSCs, respectively, from 24 cDNA libraries (12 each for small RNA and mRNA) sequenced on an Illumina HiSeq 2500 platform. Only known miRNA and mRNA genes/transcripts with NRC ≥ 20 (i.e., normalized value ≥ 4.3219 on log₂ scale) in all samples of any one or both cell types (i.e., in LCLs or in iPSCs or in both) were considered to be expressed. We detected 12,325 mRNA and 116 miRNA expressed genes/transcripts in LCL and iPSC pairs during LCL-to-iPSC reprogramming.

Reproducibility of the expressed transcriptomic profiles in the biological replicates of each cell type was evaluated by calculating the correlation coefficient (r²) on the total number of expressed genes/transcripts (Figure 2(a)) during LCL-to-iPSC reprogramming. The average correlation coefficient at 95% confidence interval (95% CI) was 0.938 ± 0.007 for LCL replicates and 0.969 ± 0.002 for iPSC replicates. These data suggest highly concordant resetting of gene expression profiles in all six cell lines/biological replicates during LCL-to-iPSC reprogramming.

To identify the unique transcriptomic signature of the LCL-to-iPSC reprogramming, we performed moderated t-statistics and expression fold change (FC) analysis in LCLs and their reprogrammed iPSCs. Using the FC-abs ≥ 2.0 and FDR ≤ 0.05 cutoffs, 5,228 mRNAs and 77 miRNAs were differentially expressed during LCL-to-iPSC reprogramming (Table S1 in Supplementary Material available online at http://dx.doi.org/10.1155/2016/2349261; Figures 2(b) and 2(c)). Among the mRNAs and miRNAs that were DE during iPSC reprogramming, 2,317 mRNAs and 29 miRNAs were downregulated and they accounted for the majority of the DE mRNAs and miRNAs reads (i.e., 85.6% and 97% reads, resp.) in LCLs. The upregulated 2,911 mRNAs and 48 miRNAs constituted most of the DE iPSC transcriptome reads (i.e., 80% mRNA and 96% miRNA reads).

Principal component analysis (PCA) of differentially expressed mRNAs and miRNAs during LCL-to-iPSC reprogramming is shown in Figure 3. The first principal component (Component 1), which represents the expression variance due to reprogramming (i.e., expression change as a function of LCL and iPSC cellular identities), accounts for 85.35% of the variance observed in DE mRNAs (Figure 3(a)) and 89.83% of the variance observed in DE miRNAs (Figure 3(b)) during iPSC reprogramming.

These results suggest discrete and uniform resetting of both mRNA and miRNA expression during iPSC reprogramming, each cell type expressing a unique set of genes and miRNAs.
### 3.3. Transcriptomic and Functional Signature of LCL-to-iPSC Reprogramming

Hierarchical clustering based on the expression profiles of significantly DE genes and miRNAs during LCL-to-iPSC reprogramming is shown in Figure 4(a).

#### 3.3.1. LCL Related Genes

During *in vitro* EBV immortalization of B-lymphocytes, EBV oncoprotein expression converts resting B-lymphocytes into LCLs, which consequently show higher expression of B-cell activation markers, similar to antigenic or mitogenic stimulation of the resting B-cells [26, 28]. The LCL ChIP-seq data also indicate that EBV evolved to usurp B-cell-intrinsic activation programs to support rapid growth and survival of latently infected B-cells/LCLs [30]. Therefore, we explored the fate of EBV latent oncoprotein’s transcriptomic effect [29, 31] in our reprogrammed iPSCs which includes the known effects on B-cell transcription factors (**STAT1, MYC, YY1, SPI, PAX5, BATF, IRF4, ETS1, RAD21, SPI1, CTCF, RBPJ, ZNF143, SMC3, NFKB1**,
NFKB2, TBL1XR1, EBF1, MAX, and RUNX3), major histocompatibility complex classes I and II, cell surface markers (FCER2/CD23, CD70, TNFRSF8/CD30, and ENTPD1/CD39), cellular adhesion molecules (ITGAL/CD11a, LFA3/CD58, and ICAMI/CD554), and LCL specific miRNAs (miR-155, let-7a-i, miR-21, miR-103, miR-320, and miR-146a-b). These B-cell/LCL specific markers (mRNA and miRNA) were highly enriched in differentially expressed genes and showed significant downregulation in reprogrammed iPSCs (Figure 4(b)). A few of the B-cell transcription factors (YY1, SPI, RAD21, CTCF, RBPI, ZNF143, SMC3, and TBL1XR1) that were highly expressed in both LCLs and their reprogrammed iPSCs may perform vital cellular functions; namely, YY1 and SPI are ubiquitously expressed transcription factors that are involved in repressing and activating a diverse number of promoters [32, 33]; cohesin component RAD21 as well as SMC3 exhibits a functional role in maintaining ESC identity through association with the pluripotency transcriptional network [34]; CTCF is involved in many cellular processes, including transcriptional regulation, insulator activity, and regulation of chromatin architecture [35]; RBPI DNA binding protein plays a role in lineage specification and stem cell expansion [36]; ZNF143 is an important regulator of mammalian embryonic stem cell renewal [20]; miR-103a is expressed in various cell lineages and may perform some basic cellular functions [37].

3.3.2. iPSC/ESC Related Genes. The genes and miRNAs expected to be enriched in iPSCs/ESCs, from the literature [18, 21, 38–42], include transcription factors involved in maintaining “stemness” (FOXD3, GATA6, NANOG, NR6A1, POU5F1, SOX2, UTF1, TFCP2L1, and ZFP42), signaling molecules involved in pluripotency and self-renewal (CRABP2, EDNRB, FGF4, FGF5, GABRB3, GAL, GRB7, IFITM3, IL6ST, KIT, LEFTY1, LEFTY2, LIFR, NODAL, NOG, NUMB, PTEN, SFRP2, and TDGF1), cytokines and growth factors (FGF4, FGF5, LEFTY1, LEFTY2, NODAL, and TDGF1), other ESC-specific genes (BRIXI, CD9, DIAPI2, DNMNT3B, IFITM2, IGE2BP2, LIN28A, PODXL, REST, SEMA3A, TERT, ESRG, and GJA1), and miRNAs (miR-302a, miR-302b, miR-302c, miR-302d, miR-372, miR-373, miR-92a-1, miR-92a-2, miR-92b, miR-17, miR-20a, and miR-18a) that were highly enriched in genes and miRNAs that were expressed (NRC ≥ 20) in our reprogrammed iPSCs and the majority of them showed significant upregulation (FC ≥ 2.0, FDR ≤ 0.05) during iPSC reprogramming (Figure 4(c)).

The expression of transcription factors GATA6 and UTF1, signaling molecule NODAL, and growth factor FGF4 showed upregulation during iPSC reprogramming; however, it was below the detection threshold (NRC ≤ 20) in one or more of our iPSCs, possibly due to lower overall read counts. The expression of a few iPSC/ESC markers (gene/miRNAs) either did not change significantly (IFITM2, IFITM1, DIAPI2, NUMB, REST, BRIXI, TFCP2L1, FGF5, and miR-92a) or was significantly (FC ≤ −2.0, FDR ≤ 0.05) downregulated (PTEN and IL6ST) in our reprogrammed iPSCs. IFITM1 and IFITM2 are interferon-induced antiviral cell-intrinsic restriction factors with high constitutive expression in many cells. Both IFITM1 and IFITM2 were highly expressed (NRC > 100) in both our LCLs and reprogrammed iPSCs.
Figure 4: Continued.
EBV oncoprotein in LCLs and OCT4/POU5F1 in iPSCs synergistically facilitate the expression of endogenous retroviral integration elements in the human genome, which consequently increase expression of IFITM proteins in both LCLs and iPSCs [43, 44]. The DIAPH2 gene is ubiquitously expressed and affects cytokinesis and other actin-mediated morphogenetic processes that are required in self-renewal and early steps of development [45]. The NUMB gene's primary function in cell differentiation is as an inhibitor of Notch signaling which is essential for maintaining self-renewal potential in stem and progenitor cells [46], whereas it acts as a coactivator of EBNA2 activity by suppressing...
Notch signaling in LCLs [47]. The REST gene encodes a transcriptional repressor of neuronal genes in nonneuronal tissues and was expressed in our LCLs and iPSCs. However, its role in self-renewal and pluripotency of ESCs remains ambiguous [48–50]. The TFCP2L1 is preferentially expressed in ESCs and upregulates NANOG expression and promotes self-renewal in a NANOG dependent manner [51, 52]. mir-9-2a1 and mir-9-2a2 were among the most abundant miRNAs in our LCLs and reprogrammed iPSCs. mir-9-2a are ubiquitously expressed in majority of cell types and target genes involved in cell cycle regulation and cell signaling and thus are necessary during all stages of mammalian development and essential for the proliferation of cells [53]. The PTEN gene was highly expressed (NRC > 100) both in LCLs and in reprogrammed iPSCs but its expression was downregulated during the LCL-to-iPSC reprogramming. PTEN is a key regulator of hESC growth and differentiation [54]. The pathways of CXCR4 and PTEN converge, leading to the promotion and regulation of tumorigenesis [55], and CXCR4 expression is inhibited by EBV oncoproteins in LCLs. Based on these observations, we hypothesized that PTEN is highly upregulated by EBV oncoproteins in LCLs. Like PTEN, IL6ST was also highly expressed both in LCLs and in iPSCs but was downregulated during iPSC reprogramming. EBV oncoprotein LMP1 is known to significantly upregulate IL6ST in LCLs [56]. In iPSCs/ESCs, IL6ST is primarily associated with cell survival and differentiation [57].

3.3.3. Principal Component Analysis of Gene Expression Profiles between LCLs, Their Reprogrammed iPSC Lines, and Other ESC and iPSC Lines Available from Public Domain

To further assess and compare the gene expression profile of our LCL reprogrammed iPSCs with other ESC and iPSC line gene expression profiles, we downloaded whole genome RNA sequencing data of three ESC lines, that is, GSM1888661 (H9ESC), GSM1888664 (HUES1), and GSM1888680 (HUES3), and four iPSC lines, that is, GSM1888662 (ips1b), GSM1888660 (ips15b), GSM1888679 (ips18c), and GSM1888663 (ips20b), from GEO public database submitted by Choi et al. [58]. Principal component analysis of the expressed mRNAs of 6 LCLs, their reprogrammed iPSCs (this study), and 3 ESCs and 4 iPSCs (downloaded from GEO database) is shown in Figure 4(d). The first principal component (Component 1) which represents the expression variance between LCLs and ESCs/iPSCs (6 iPSCs (this study) and 3 ESC and 4 iPSC expression profiles downloaded from GEO database) clusters accounts for 81.76% of the total variance observed in all expressed mRNAs. The second principal component (Component 2), which represents the expression variance between the ESC/iPSC downloaded from GEO database and the LCL reprogrammed iPSC lines generated in this study, accounts for only 4.59% of the variance observed in all expressed mRNAs. This small variance in the expressed mRNAs of our reprogrammed iPSCs and ESCs/iPSCs data downloaded from GEO may be attributed to the differences between the genetic backgrounds of the donors of these lines as well as laboratory-to-laboratory variation. This analysis further confirms that our LCL reprogrammed iPSCs have a very similar gene expression profile to that of human ESCs and iPSCs.

3.3.4. Functional Annotation of DE Genes and miRNAs. To better understand what biological functions were affected and how these were affected by differentially expressed mRNAs and miRNAs during LCL-to-iPSC reprogramming, we performed functional annotation enrichment analysis of downregulated and upregulated mRNAs and miRNAs using IPA. The significantly enriched (FDR ≤ 0.001) functions that were also significantly upregulated (activation Z-score ≥ 2.0) or downregulated (activation Z-score ≤ −2.0) consequent to the upregulation or downregulation of the DE genes and DE miRNAs are presented in Supplementary Figure S1 and Supplementary Table S2. The top 15 upregulated and downregulated functions are presented in Figure 5. The 224 biological functions that were significantly enriched in downregulated genes and miRNAs predominantly showed deactivation/downregulation of hematologic system development and functions, particularly the functions related to lymphocytes. This suggests that during reprogramming LCLs lose their B-lymphocyte identity/functions. The 161 biological functions that were enriched in the upregulated DE genes and miRNAs predominantly showed the activation/upregulation of early organism development suggesting that reprogrammed iPSCs possess functional profiles very similar to ESCs. Some of the basic cellular functions (e.g., cell proliferation, survival, viability, movement/migration, phosphorylation of proteins, and organismal death) were enriched in both upregulated and downregulated genes and miRNAs but contrarily regulated. Both LCL and reprogrammed iPSC share a basic self-renewal property; however, these results suggest that such shared property may be regulated very differently in LCLs and their reprogrammed iPSCs.

3.3.5. Canonical Pathways in LCL-to-iPSC Reprogramming. Further, we explored the effects of iPSC reprogramming on key LCL and human iPSC related canonical pathways using IPA platform.

Previous studies of the molecular genetics and pathogenesis of EBV induced B-cell growth support a model where EBV encoded nuclear antigens (EBNA1, EBNA2, and EBNA3A-C) and integral membrane proteins (LMP1 and LMP2) utilize intrinsic B-cell receptors (BCR) signaling pathways to support rapid growth and survival of latently infected B-cells/LCLs [26, 28, 30, 59]. The EBV principal oncoprotein LMP1 along with LMP2A mimics CD40 and B-cell receptor (BCR) signaling, respectively, and activates NF-κB, JNK, and MAPK pathways [29, 60–63]. These pathways control B-lymphocyte proliferation, differentiation, and survival and are critically important regulators of normal and pathological innate and adaptive immune responses mediated through BCR signaling. As expected, almost all of these pathways were in an activated state in our LCLs (Figure 6(a)) and were significantly downregulated in reprogrammed iPSCs (Figure 6(b)). The FOXP1 and MEK/ERK signaling which was upregulated both in LCLs and in reprogrammed iPSCs is known to play a role in human iPSC/ESC maintenance [64, 65].
Human iPSCs have similar properties to human ESCs (hESCs), such as self-renewal and differentiation capacity [13, 66]; therefore, we explored the state of human ESC pluripotency pathways in our reprogrammed iPSCs. Human iPSCs/iPSCs exhibit a number of signaling pathways involved in self-renewal and pluripotency, regulated by a combination of intrinsic and extrinsic factors. Intrinsic factors include a group of core transcription factors, that is, POU5F1/OCT4, SOX2, and NANOG. The OCT3/4 and SOX2 partnership is indispensable in the maintenance of pluripotency [67, 68]. NANOG is another member of the group of transcription factors whose functions are deemed essential for the process of self-renewal in human ESCs [69, 70]. All the core pluripotency transcription factor's genes (i.e., POU5F1/OCT4, SOX2, and NANOG) were highly expressed (Figure 7(a)) and significantly upregulated (Figure 7(b)) in our reprogrammed iPSCs. The extrinsic basic FGF (bFGF) allows the clonal growth of human ESCs/iPSCs on fibroblasts in the presence of commercially available serum replacement [71]. At higher concentrations, bFGF allows feeder independent growth of human ESCs/iPSCs cultured in the same serum replacement [72–75]. Apart from the core transcription factors, FGF signaling and a balance between TGF-β/Activin and BMP signaling are central to the self-renewal of human ESCs/iPSCs [76–78]. The TGF-β superfamily of ligands plays a major role in maintaining the self-renewing capacity of human ESCs/iPSCs through two main branches: the SMAD1/5 branch which is transduced on behalf of BMP and GDF ligands via type I receptors ALK1, ALK2, ALK3, and ALK6 and the TGF-β/Activin/NODAL branch, which involves the activation of SMAD2/3 via ALK4, ALK5, and ALK7 [79–83]. There are also two inhibitory SMADs: SMAD6, which selectively inhibits SMAD1/5, and SMAD7, which inhibits TGF-β signaling [84–86]. Upon activation by phosphorylation and association with a common SMAD4, receptor activated SMADs translocate to the nucleus and in concert with other transcription factors regulate gene expression. SMAD2/3 pathway is also required for positive regulation of several factors of TGF-β signaling. These factors include NODAL, CRIPTO, LEFTY1, and LEFTY2 [83]. However, genes involved both in TGF-β/Activin and in BMP signaling pathways were highly expressed and the expression of TGF-β-responsive genes NODAL, CRIPTO, and LEFTY was also significantly upregulated in our reprogrammed iPSCs (Figure 7(b)). The expression of TGF-β itself was downregulated and the expression of most SMADs did not change significantly during LCL-to-iPSC reprogramming (Figure 7(b)). In LCLs, EBV encoded EBNA1 represses TGF-β induced gene transcription through rapid degradation of SMAD2 protein; however, it does not affect the other SMAD proteins or the transcription of either TGF-β or SAMD2 itself [87]. In normal cells, activated SMAD complex consisting of either dimers or trimers of phosphorylated SMAD2/3 bound to SMAD4 is responsible for subsequent transcriptional regulation of TGF-β-responsive genes [88]. The TGF-β-responsive genes function in both autocrine and paracrine manners and control the expression of their upstream regulator TGF-β and SMADs [89]. In the absence of TGF-β-responsive proteins, transcription of TGF-β and SMADs (particularly SMAD2, SMAD3, and SMAD4) was highly upregulated in LCLs, whereas, in reprogrammed iPSCs, EBNA1 transcription was inhibited and therefore TGF-β induced gene transcription was reinstated (as shown by upregulated NODAL, CRIPTO, and LEFTY), which along with extrinsic TGF-β in the iPSC maintenance media plausibly downregulated TGF-β transcription slightly, but mRNA levels of most SMADs did not change significantly indicating that TGF-β signaling plays an important role in maintenance of human ESC/iPSCs. In contrast to TGF-β/Activin/NODAL signaling, high BMP activity is associated with differentiation of

### Table: Top 15 upregulated functions

<table>
<thead>
<tr>
<th>Function</th>
<th>Z-score</th>
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<tbody>
<tr>
<td>Size of body</td>
<td>14.12</td>
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<tr>
<td>Cell survival</td>
<td>10.65</td>
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<tr>
<td>Cell viability</td>
<td>10.43</td>
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<tr>
<td>Organization of cytoskeleton</td>
<td>9.84</td>
</tr>
<tr>
<td>Cell viability</td>
<td>9.84</td>
</tr>
<tr>
<td>Migration of cells</td>
<td>9.62</td>
</tr>
<tr>
<td>Cell viability</td>
<td>9.66</td>
</tr>
<tr>
<td>Organization of cytoplasm</td>
<td>9.11</td>
</tr>
<tr>
<td>Microtubule dynamics</td>
<td>8.93</td>
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<tr>
<td>Migration of cells</td>
<td>8.46</td>
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<tr>
<td>Cell movement</td>
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<tr>
<td>Transport of molecule</td>
<td>7.71</td>
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<tr>
<td>Proliferation of cells</td>
<td>7.63</td>
</tr>
<tr>
<td>Coordination</td>
<td>7.53</td>
</tr>
<tr>
<td>Proliferation of neuronal cells</td>
<td>7.43</td>
</tr>
</tbody>
</table>

### Table: Top 15 downregulated functions

<table>
<thead>
<tr>
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<th>Z-score</th>
</tr>
</thead>
<tbody>
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<td>Cell viability</td>
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<td>Cell viability</td>
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<td>Cell movement</td>
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<td>Proliferation of neuronal cells</td>
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<tr>
<td>Cell viability</td>
<td>-11.72</td>
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</tbody>
</table>

**Figure 5:** Graphical presentation of the top 15 upregulated and downregulated cellular functions found to be enriched during LCL-to-iPSC reprogramming.
human ESCs/iPSCs. Repression of BMP signaling in human ESCs/iPSCs by Noggin and FGF supports long-term self-renewal [74]. Binding of FGF to its receptor and heparin leads to receptor autophosphorylation and activation of intracellular signaling cascades, including the Ras/ERK pathway and the PI3K pathway [64, 90, 91]. Our reprogrammed iPSCs show evidence of FGF induced activation of both Ras/ERK (Figure 6(b)) and PI3K (Figure 7(a)) pathways.

Wnt/β-catenin signaling also plays an important role in controlling ESC maintenance. Canonical Wnt signaling involves the binding of Wnt to the frizzled receptors. This, in turn, activates Dsh, which displaces GSK3β from the APC/AXIN complex, preventing ubiquitin mediated degradation of β-catenin. Subsequently, β-catenin accumulates and translocates to the nucleus where it associates with TCF/LEF to activate transcription of Wnt target genes [92, 93]. All genes in Wnt/β-catenin signaling pathway were highly expressed in our reprogrammed iPSCs and expression of β-catenin was significantly upregulated (Figures 7(a) and 7(b)).

Our reprogrammed iPSCs also showed evidence of activation of the SIP signaling pathway (Figure 7(b)). SIP signals both extracellularly through EDG receptors coupled to G-proteins and intracellularly by unidentified mechanisms that support human ESC/iPSC self-renewal [94].

3.3.6. Recovery of Donor’s Genetic Relationships and Disease State. Because the regulation of a large number of genes was affected by iPSC reprogramming (42.4% of the total

Figure 6: Diagram showing key LCL specific canonical pathways. (a) Pathway genes expressed in LCLs. (b) Differential expression of pathway genes during LCL-to-iPSC reprogramming.
expressed genes), we investigated whether the gene expression pattern specific to the donor's genetic relationships and disease state was recovered in the process. We performed hierarchical clustering analysis and PCA using data on all 12,325 mRNAs detected as expressed in LCLs and their reprogrammed iPSCs. The LCLs fail to consistently cluster by the genetic relationships of their donors or by the disease state (Figure 8(a)). The similarity of iPSC-3 and iPSC-4 is driven by genetic relatedness since these donors are first-degree relatives sharing 50% of their genetic background (Figure 8(b)). The similarity of iPSC-1 and iPSC-3, which are unrelated donors with Parkinson's disease, exhibits the second most minimal distance from each other (hierarchical clustering, Figure 8(b)). This proximity appears to be driven by shared disease state. Further, we performed differential gene expression analysis between iPSC lines of Parkinson's patients and iPSC lines of healthy donors. Using the FC-abs ≥ 2.0 and FDR ≤ 0.05 cutoffs, no genes were found to be differentially expressed. More relevant neuronal cells will be differentiated from the generated iPSCs, to further investigate the pathophysiology and genetics of these Parkinson's disease cases. Several previous studies have shown successful modeling of Parkinson's disease in neurons generated from iPSCs [95–104].

4. Conclusions

To enable the utilization of existing LCL bioresources in iPSC based disease modeling, it is an absolute necessity to develop an efficient and reproducible LCL-to-iPSC reprogramming method. Here, we describe a MEF feeder-free protocol for
Figure 8: Clustering properties of LCLs and their reprogrammed iPSCs (a) Hierarchical clustering analysis and PCA in LCLs based on all genes detected as expressed during LCL-to-iPSC reprogramming. (b) Hierarchical clustering analysis and PCA in generated iPSCs based on all genes detected as expressed during LCL-to-iPSC reprogramming. *The donors of LCL-1 and LCL-3 were diagnosed with sporadic Parkinson’s disease. The donors of LCL-2, LCL-4, LCL-5, and LCL-6 were healthy. *The donors of LCL-3 and LCL-4 were first-degree relatives whereas all other donors were unrelated.

Efficient and reproducible reprogramming of iPSCs from LCL using publically available plasmids and commercially available media. In addition, our comprehensive analysis of genome-wide miRNome and transcriptome of LCLs and their reprogrammed iPSCs provides important documentation of differentially expressed genes and miRNAs and their functional consequences during LCL-to-iPSC reprogramming which were previously unknown.
Additional Points

The datasets supporting the conclusion of this paper were submitted to GEO archive (gene expression omnibus) and a GEO accession number was assigned: GSE74289.

Competing Interests

The authors declare that they have no competing interests.

Authors’ Contributions

Satish Kumar performed all the cell culture and reprogramming experiments. Satish Kumar and Joanne E. Curran performed whole genome small RNA and RNA sequencing. Satish Kumar performed differential gene expression analysis, functional annotation, and pathway analysis. Satish Kumar and Joanne E. Curran drafted the paper. John Blangero and David C. Glahn provided input into the analysis and helped to improve the paper for important intellectual content. Satish Kumar, Joanne E. Curran, and John Blangero conceived the study and participated in its design and coordination of the work. All authors read and approved the final paper.

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